The Middle of the Day

On the occasion of a year-long exhibition at Tate Britain, Frank Bowling talks to Courtney J. Martin about the ‘poured paintings’ he began making in the early 1970s, getting advice from Clement Greenberg and the importance of improvisation.

Born in Guyana in 1936, Frank Bowling RA, OBE, moved to London, UK, in 1960 and graduated from the Royal College of Art in 1962. In the mid-1960s, he relocated to New York. This year, his paintings will be included in ‘British Design 1948–2012: Innovation in the Modern Age’ at the Victoria and Albert Museum, London (31 March – 12 August 2012), and ‘Migrations: Journeys into British Art’ at Tate Britain, London (3 January – 12 August 2012). A group of Bowling’s ‘poured paintings’ will be on view at Tate Britain from 30 April 2012 – March 2013. These works date from 1972–78, when Bowling’s work moved from semi-representational to complete abstraction.
It started with me working in my kitchen at 33 Beauford Street, which is where I painted *Reuben’s Kite* (1975). I thought that I had got something very special in that work, not just the way the paint ran, but the entire piece. It’s composed of two different blues and two whites: titanium white and flake white. The surface came out so rich in variation, so toughly sculptural.

CJM: One of your earlier paintings, *Who’s Afraid of Barrye Newman* (1966), brought you into a formal conversation with *Barney’s* compositional device, the drip. Was that conversation extended into the poured paintings because of their verticality?

FB: I was engaged with all those people, especially Newman. He turned the Mark Rothko shape on its side. You had to have permission to get past Newman. It was like a wall, so I thought you should open it up, open up the surface. My poured surfaces didn’t follow like Rothko’s. Mine billowed like the kind of heat haze that you get in Guyana in the middle of the day. The sun is so hot that the water evaporates, rises and stays still. It is just there. You get a kind of heat haze that is almost impenetrable. If you go outside, you have to go out into the water. I felt those things about those pictures. I had to open it up. I thought that I could challenge geometric abstraction within the rectangle.

CJM: And how were they received?

FB: Reviews of your exhibitions in the early 1970s use terms like ‘tough-like’ and ‘phillic’ to describe the shape of the paint on the canvas, while ‘marbling, puddling’ and ‘washing’ assume the action of the poured paint meeting the canvas.

CJM: Everyone thought that the poured paintings were new and entirely fresh. As a young artist, it was to do with Kenneth Noland and Morris Louis. People were saying that Louis was the limit, so I wanted to attack him. Nobody recognized that I was trying to take Louis further— it was never mentioned. The conversation about my work became about ‘what a black artist can do’, not the formal issues. There is a painting called *Tony’s April* (1975). Red, black, yellow—it has colours that were in your face. It’s quite an electric painting. These kinds of colours were accused of being Caribbean. I had to go every which way and attack colour primary, secondary, thus, whatever. I had to get it all out—to make the work stand out competitively. The colour, the phillic shapes, it became confused and the formal aspect was not taken seriously.

CJM: I felt challenged by what was going on because of the extra-art bits that come to be the whip that beat my back with the poured paintings. People kept talking about waterfalls, plastic references—all of the extra stuff that has nothing to do with painting. I was not allowed to explore the paint possibilities. Every time I did a group of pictures, it had to be nailed down within this black dilemma or Caribbean
'My poured surfaces didn't billow like Rothko's. Mine billowed like the kind of heat haze you get in Guyana in the middle of the day.'
It could not be said that art qua art; it had to be socio-political or socio-anthropological. All of those discipines kept getting in the way of my effort to be a painter, so I had to be constantly on the move. That's what is happening in the work. When I got to the point that I had something kinetic, I had to move on. I had to be like Muhammad Ali and get dancing, because the scales were coming too hard and too fast.

C: What about the built-up paint on the canvas? The layered paintings have pockets of paint deposits throughout the composition and, in many, layers of paint pooled at the bottom edge of the canvas. By the 1980s, your paintings were full of texture and surface contrast made with thick gel paint and pieces of foam.

FB: Declared flatness is not illusionistic, but, in the 1960s and '70s, I was very interested in the argument about the difference between painting and sculpture. Painting has to release certain sculptural aspects, but it also has to retain aspects of the sculptural to hold its own on the wall, in order for it to be a thing. In some of the paintings, you can see where I taped the area that the paint was going to be poured through, so you got that kind of sculptural thickness about it. My practice was to tape down the canvas that was finished, but still wet. I would make the tape off the surface, creating a channel running out of the side of the pour, which was my way of answering that business about the halo that people noticed. That halo was the blending of the paint as it ran down the middle and oozed to the edges of the canvas.

C: Did you make any sculptures then?

FB: I had made some sculptures from stockling thin plywood boxes. In London, we were all very much in awe of Anthony Caro and very involved in establishing cultural things in art. I saw that what was given to American art had the British thing about sculpture in it. At the time it was a very heated argument.

C: And where did your painting rest inside of that argument? Were you relaying the sculptural from the painted surface of the poured work?

FB: Yes, I was beginning to move the activity from a cyclopean, one-eyed view to a much more varied practice. I knew I had to make the paintings more varied. It seemed to me at the time, that everyone was making "singular preoccupation" paintings. I thought that the way ahead lay in multiple ways of expressing. Painting has to have that kind of structure. The poured paintings had to have a geometric rationale. Whatever was happening — whether it was spilling, dripping, pouring — it all happened with a geometric, structural intention.

C: You made the last of the poured paintings in 1967 and stopped showing them around the same time.

FB: Why did I stop? There were areas of activity that tended to be no go. Artists had specific areas for their work, their narrow field. You had people making shaped canvas, people making all over works. I thought that I should rise to the challenge to tackle everything. It seemed that certain artists had their area and you couldn't move in there. Larry Poons checked the paint on the canvas, but he was a big strong guy. I am not as strong, so I used a more modest container to throw the paint on the canvas. John Olbrich had the gel and Noland had the stains. I felt that I should move into all those areas and challenge whoever felt that they owned them. If any of the styles were any use to me, I went for it.

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Like, for a while, Frank Stella was the one with tape and flat colour. Well, then I used tape to do pouring and running. I decided to go into these shark-infested waters and more. The poured paintings came to a halt, but pouring has not entirely disappeared from my oeuvre. I felt that spreading, bleeding, tightening of the stuff in a repeated rectangle made the edges too tight for the pour. And the pours started getting more on the edges, rather than the middle.

C J M: What did Clement Greenberg think about you giving up the poured paintings, since they had been so successful?

F B: Clem said, you're on to something, but I read that as being packaged. Colour Field painting was broad and one had to have one's own voice. So, you're on to something, probably meant that you could run with it for a long time. Most of the people who did that just stayed there, making stripes or circles or stars. I felt a whole lot more restless; I wasn't sure about packaging a brand.

C J M: So when Greenberg said that you were on to something, you read it as being restricted?

F B: I read it as much because everyone seems to have had his package. Clem wanted me to open up, let it all out. If there was a loud argument against this or that, it was almost always about asserting your area, that I felt that the field was open and I wanted to penetrate it and open it up. I did not want to be locked in. I felt that the one thing that one must be wary of was to be locked in. I had to rise to the challenge. So, I went for it on an intense daily basis. The whole thing was to be free and make professional works. I could go to the scales. I was very influenced by the ambition of the downtown [New York] writers and musicians, like Ornette Coleman. They made me think that improvisation was where it was at.

C J M: I get your explanation about why you stopped making the poured paintings, but now that decision as hard and fast as you describe it?

F B: No, no — I'm sure that it was not that hard and fast. You're probably right to think that it was a decision that I only made afterwards, as an explanation for stopping. But most of the ways of proceeding that I developed over my 50-year career as an artist, I keep trying to use in different ways. You know, I keep going back to spilling, dripping, pouring. Often enough, nowadays, when I dump the material down on a surface and it is not going the way I thought that it would, I get a brush out and push it. I wouldn't let it do its own alchemy. I would help it along.