Welcome to our pick of the best London exhibitions to see right now — get your Summer dose of culture. We’ve roughly split the list by London regions to make it easier to navigate.

Exhibitions in west London

JOYFUL PAINTING: Colour explodes from the walls in this collection of big bold paintings that are a joy to behold. It’s about time Frank Bowling got his dues and this Tate Britain show is the spotlight he so richly deserves. The man is a heavyweight of British painting and he’s still going at the age of 85 — what a legend. It’s not just gorgeous paintings; there are political themes here too, including works that tackle migration, homelessness and colonialism. Any fan of painting must visit this long overdue retrospective.

*Frank Bowling at Tate Britain.* Until 26 August. ★★★★